2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

Cervical Health Awareness Month
National Cervical Cancer Coalition
nccc-online.org

National Birth Defects Prevention Month
March of Dimes Birth Defects Foundation
marchofdimes.org
Center for Disease Control & Prevention
cdc.gov

National Blood Donor Month
American Association of Blood Banks
aabh.org
American Red Cross
redcross.org

National Glaucoma Awareness Month
Glaucoma Research Foundation
glaucoma.org

National Slavery and Human Trafficking Prevention Month
Hope for Justice
hopeforjustice.org

January 10 - 16 (Second Week in January)
Home Office Safety and Security Week
National Safety Council
nsc.org

January 17 – 23
National Healthy Weight Week
Centers for Disease Control and Prevention
cdc.gov/healthyweight

January 16 – 22
National Certified Nurse Anesthetists Week
American Association of Nurse Anesthetists
aana.com

January 18 (Martin Luther King Day)
King Day of Service
AmeriCorps
nationalservice.gov

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2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

FEBRUARY

AMD/Low Vision Awareness Month
Prevent Blindness America
preventblindness.org

American Heart Month
Contact your local chapter of the American Heart Association
americanheart.org
AHA National Center
cdc.gov

National Cancer Prevention Month
American Institute for Cancer Research
aicr.org
American Cancer Society
cancer.org

National Children's Dental Health Month
American Dental Association
ada.org

National Condom Month
American Sexual Health Association
ashasexualhealth.org

Wise Health Consumer Month
American Institute for Preventive Medicine
healthylife.com

February 3
National Women Physicians Day
American Medical Women’s Association
amwa-doc.org

February 5
National Wear Red Day
Go Red For Women Cause Initiatives
American Heart Association National Center
goredforwomen.org

February 11
International Day of Women and Girls in Science
United Nations
un.org

February 14
National Organ Donor Day
Donate Life America
donatelife.net

February 14 – 20
National Cardiac Rehabilitation Week
AACVPR Office
aacvpr.org

February 22 (Same date each year)
World Thinking Day
World Association of Girl Guides and Girl Scouts
worldthinkingday.org

February 21 - 27
National Eating Disorder Awareness Week
National Eating Disorders Association (NEDA)
nationaleatingdisorders.org

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American Red Cross Month
American Red Cross, National Headquarters
or contact your local chapter
redcross.org

Brain Injury Awareness Month
Brain Injury Association of America
biausa.org

Hemophilia Month
National Hemophilia Foundation
hemophilia.org

National Colorectal Awareness Month
Prevent Cancer Foundation
preventcancer.org/colorectal

National Developmental Disabilities Awareness Month
The Arc of the United States
thearc.org

National Eye Donor Month
EBAA, Eye Bank Association of America
restoresight.org

National Kidney Month
National Kidney Foundation
kidney.org

National Nutrition Month
Academy of Nutrition and Dietetics
eatright.org

National Problem Gambling Awareness Month
The National Council on Problem Gambling, Inc.
ncpgambling.org

National Professional Social Work Month
National Association of Social Workers
socialworkers.org

Save Your Vision Month
American Optometric Association
aoa.org

Workplace Eye Wellness Month
Prevent Blindness America
preventblindness.org

National Athletic Training Month
National Athletic Training Association
nata.org

March 7 – 12
Aplastic Anemia and MDS Week
Aplastic Anemia and MDS International Foundation
aamds.org

March 7 – 13 (week before daylight savings time)
National Sleep Awareness Week
National Sleep Foundation
sleepfoundation.org

March 1 – 5
National School Breakfast Week
School Nutrition Association
schoolnutrition.org

March 14 – 20
National Pulmonary Rehabilitation Week
American Association of Cardiovascular and Pulmonary Rehabilitation
aacvpr.org

March 21 – 27 (third week in March)
National Poison Prevention Week
American Association of Poison Control Centers
aapcc.org

March 20 (same date each year)
National Native HIV/AIDS Awareness Day
hiv.gov

March 22 (same date each year)
World Water Day
UN Water
unwater.org

March 23 (fourth Tuesday in March)
American Diabetes Alert Day
American Diabetes Association
diabetes.org
National Alcohol Awareness Month
alcohol.org

National Autism Awareness Month
Autism Society
autism-society.org

National Cancer Control Month
Contact your local chapter or
American Cancer Society
cancer.org

National Child Abuse Prevention Month
Prevent Child Abuse America
preventchildabuse.org
Child Welfare Information Gateway
Children's Bureau/ACYF
childwelfare.gov

Counseling Awareness Month
American Counseling Association (ACA)
counseling.org

National Donate Life Month
HRSA Information Center
organdonor.gov

Stress Awareness Month
American Counseling Association (ACA)
counseling.org

National Humor Month
Association for Applied and Therapeutic Humor
aath.org

National Minority Health &
Health Disparities Month
Office of Minority Health Resource Center
minorityhealth.hhs.gov

National Occupational Therapy Month
The American Occupational Therapy Association
aota.org

Sexual Assault Awareness Month
National Sexual Violence Resource Center
nsvrc.org

Women’s Eye Health and Safety Month
Prevent Blindness America
preventblindness.org

Testicular Cancer Awareness Month
testicularcancerawarenessmonth.com

March 29 - April 2
National Youth Violence Prevention Week
National Association of SAVE
nationalsave.org

April 7 (first Wednesday of April)
National Day of Hope
Childhelp
childhelp.org

April 5 – 11
National Public Health Week
American Public Health Association
nphw.org

April 7 (same date each year)
World Health Day
World Health Organization
who.org

April 5
National Alcohol Screening Day
Help Yourself. Help Others.
helpyourselfhelpothers.org

April 14 (same date annually)
International Moment of Laughter Day
Izzy Gesell, Wide Angle Humor
izzyg.com

April 16 (same date annually)
National Healthcare Decisions Day
nhdd.org

April 16 – 18
Global Youth Service Day
Youth Service America
gysd.org

APRIL CONTINUED >
April 18 – 24 (third week of April)
National Volunteer Week
The Points of Light and Hands on Network
PointsofLight.org

April 18 – 24
National Library Week
American Library Association
ala.org

April 22 (same date annually)
Earth Day
Earth Day Network
earthday.org

April 22 (fourth Thursday of April)
Take Your Daughters and Sons to Work Day
Daughters And Sons To Work® Day
daughtersandsonstowork.org

April 25 – May 3
National Infant Immunization Week
CDC, National Immunization Program
cdc.gov

Notes
<table>
<thead>
<tr>
<th>Health &amp; Wellness Observance</th>
<th>Organization(s)</th>
<th>Website(s)</th>
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</thead>
<tbody>
<tr>
<td>Asthma and Allergy Awareness Month</td>
<td>Allergy and Asthma Foundation of America</td>
<td>aafa.org</td>
</tr>
<tr>
<td>Better Sleep Month</td>
<td>The Better Sleep Council</td>
<td>bettersleep.org</td>
</tr>
<tr>
<td>Building Safety Month</td>
<td>International Code Council</td>
<td>iccsafe.org</td>
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<tr>
<td>Correct Posture Month</td>
<td>American Chiropractic Association</td>
<td>acatoday.org</td>
</tr>
<tr>
<td>Healthy Vision Month</td>
<td>National Eye Institute</td>
<td>nei.nih.gov/hvm</td>
</tr>
<tr>
<td>Hepatitis Awareness Month</td>
<td>American Liver Foundation</td>
<td>liverfoundation.org</td>
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<tr>
<td>Huntington's Disease Awareness Month</td>
<td>Huntington's Disease Society of America</td>
<td>hdsa.org</td>
</tr>
<tr>
<td>Lupus Awareness Month</td>
<td>Lupus Foundation of America, Inc.</td>
<td>lupus.org</td>
</tr>
<tr>
<td>National Arthritis Month</td>
<td>Arthritis Foundation</td>
<td>arthritis.org</td>
</tr>
<tr>
<td>National Bike Month</td>
<td>League of American Bicyclists</td>
<td>bikeleague.org</td>
</tr>
<tr>
<td>National High Blood Pressure Education Month</td>
<td>NHLBI Information Center</td>
<td>nhlbi.nih.gov</td>
</tr>
<tr>
<td>National Melanoma/Skin Cancer Awareness Month</td>
<td>American Academy of Dermatology</td>
<td>aad.org</td>
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<tr>
<td></td>
<td>American Cancer Society</td>
<td>skincancer.org</td>
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<tr>
<td>National Mental Health Month</td>
<td>Mental Health America</td>
<td>mhanational.org</td>
</tr>
<tr>
<td>National Osteoporosis Month</td>
<td>National Osteoporosis Foundation</td>
<td>nof.org</td>
</tr>
<tr>
<td>National Physical Fitness and Sports Month</td>
<td>President's Council on Fitness, Sports, and Nutrition</td>
<td>fitness.gov</td>
</tr>
<tr>
<td>National Stroke Awareness Month</td>
<td>National Stroke Association</td>
<td>stroke.org</td>
</tr>
<tr>
<td>National Teen Pregnancy Prevention Month</td>
<td>Advocates for Youth</td>
<td>advocatesforyouth.org</td>
</tr>
<tr>
<td>Older Americans Month</td>
<td>U.S. Dept. of Health and Human Services Administration for Community Living</td>
<td>acl.gov</td>
</tr>
</tbody>
</table>
May 1 – 7 (same dates annually)
National Physical Education and Sports Week
National Association for Sport and Physical Education
shapeamerica.org

May 2 – 8 (first full week in May)
Be Kind to Animals Week
Humane Canada
humanecanada.ca
American Humane
americanhumane.org

May 2 – 8 (first full week in May)
North American Occupational Safety and Health Week (NAOSH)
American Society of Safety Engineers
asse.org/naosh

May 5 (first Wednesday in May)
Project Aces Day (All Children Exercise Simultaneously)
Youth Fitness Coalition, Inc.
projectaces.com

May 6 – 12 (same dates each year)
National Nurses Week
American Nurses Association
nursingworld.org

May 8 (same date annually)
World Red Cross/Red Crescent Day
American Red Cross
redcross.org

May 8
World Fair Trade Day
World Fair Trade Association (WFTO)
wfto.com

May 9 – 15 (Mother’s Day week)
National Nursing Home Week
American Health Care Association
nnhw.org

May 9 – 15 (Mother’s Day week)
Women’s Health Week
Office on Women’s Health
Department of Health and Human Services
cdc.gov/women

May 10 – 16 (week of Florence Nightingale’s birthday, May 12)
National Hospital and Healthcare Week
American Hospital Association
aha.org

May 11 – 17
Bike to Work Week
League of American Bicyclists
bikeleague.org

May 12 (Wednesday during National Nurses Week)
School Nurse Day
nasn.org

May 15
Bike to Work Day
League of American Bicyclists
bikeleague.org

May 18 – 24
National Volunteer Week – Australia
Volunteering Australia
volunteeringaustralia.org

May 20
World Autoimmune/Autoinflammatory Arthritis Day
(World AiArthritis Day)
International Foundation for Autoimmune & Autoinflammatory Arthritis (IFAA)
facebook.com/AIArthritisDay

May 26 (last Wednesday in May)
National Senior Health & Fitness Day
health.gov

May 31
World No Tobacco Day
World Health Organization
who.org
2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

June 5 (same date annually)
World Environment Day
United Nations Environment
worldenvironmentday.global

June 5 (first Saturday in June)
National Trails Day
American Hiking Society
americanhiking.org

June 6-12 (first full week in June)
Community Health Improvement Week
American Hospital Association
aha.org

June 6 (first Sunday in June)
National Cancer Survivors Day
National Cancer Survivors Day Foundation
ncsdf.org

June 13 (second Sunday in June)
National Children’s Day
nationalchildrensday.us

June 14 – 20 (ending with Father’s Day)
Men’s Health Week
Men’s Health Network
menshealthweek.org

June 14 (same date annually)
World Blood Donor Day
World Health Organization
who.int

June 26
Family Health & Fitness Day
National Recreation and Park Association
nrpa.org

June 27 (same date annually)
National HIV Testing Day
aids.gov

June 27
National PTSD Awareness Day
U.S. Department of Veterans Affairs
ptsd.va.gov

Cataract Awareness Month
Prevent Blindness America
preventblindness.org

National Great Outdoors Month
National Park Service
nps.gov

National Safety Month
National Safety Council
nsc.org

National Scleroderma Awareness Month
United Scleroderma Foundation, Inc.
scleroderma.org

Men’s Health Month
menshealthmonth.org

Migraine and Headache Awareness Month
National Headache Foundation
headaches.org

PTSD Awareness Month
U.S. Department of Veterans Affairs
ptsd.va.gov
2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

JULY

National Park and Recreation Month
National Recreation and Park Association
nrpa.org

UV Safety Month
American Academy of Ophthalmology
aa.org

August

Children’s Eye Health and Safety Month
American Academy of Ophthalmology
aa.org

Medic Alert Awareness Month
medicalert.org

National Breastfeeding Month
United States Breastfeeding Committee
usbreastfeeding.org/

National Immunization Awareness Month
Center for Disease Control & Prevention
cdc.gov/vaccines

July 11 – 17
EveryBody Deserves a Massage Week
Associated Bodywork & Massage Professionals
abmp.com

July 18 - 24 (3rd Week in July)
Captive Nations Week
whitehouse.gov

July 28 - 30
46th Annual National Wellness Conference
National Wellness Institute
nationalwellness.org/Conference

August 1 – 7 (same dates annually)
World Breastfeeding Week
La Leche League International
lli.org

August 3
National Night Out
National Association of Town Watch
natw.org

August 9 (same date annually)
International Day of the World’s Indigenous People
United Nations
un.org

August 8 – 14 (second week in August)
National Health Center Week
National Association of Community Health Centers, Inc.
healthcenterweek.org

August 30
National Grief Awareness Day
nationalgriefawarenessweek.org

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©2021 National Wellness Institute | NationalWellness.org
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Website</th>
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<tbody>
<tr>
<td>Alzheimer's Association Memory Walk</td>
<td>Dates vary depending on location. Contact your local Alzheimer's Association or visit <a href="https://alz.org">alz.org</a>.</td>
<td></td>
</tr>
<tr>
<td>Baby Safety Awareness Month</td>
<td>Juvenile Product Manufacturers Association</td>
<td><a href="https://jpma.org">jpma.org</a></td>
</tr>
<tr>
<td>Blood Cancer Awareness Month</td>
<td>Leukemia and Lymphoma Society of America</td>
<td><a href="https://lls.org">lls.org</a></td>
</tr>
<tr>
<td>Childhood Cancer Awareness Month</td>
<td>CureSearch for Children's Cancer</td>
<td><a href="https://curesearch.org">curesearch.org</a></td>
</tr>
<tr>
<td>Fruit &amp; Veggies - More Matters® Month</td>
<td>Produce for Better Health Foundation</td>
<td><a href="https://fruitsandveggies.org">fruitsandveggies.org</a></td>
</tr>
<tr>
<td>Healthy Aging® Month</td>
<td>Healthy Aging Campaign Educational Television Network, Inc.</td>
<td><a href="https://healthyaging.net">healthyaging.net</a></td>
</tr>
<tr>
<td>National Recovery Month</td>
<td>Substance Abuse and Mental Health Services Administration (SAMHSA) National Clearinghouse for Alcohol and Drug Information</td>
<td><a href="https://recoverymonth.gov">recoverymonth.gov</a></td>
</tr>
<tr>
<td>National Childhood Obesity Awareness Month</td>
<td>President's Council on Fitness, Sports &amp; Nutrition</td>
<td><a href="https://hhs.gov/fitness">hhs.gov/fitness</a></td>
</tr>
<tr>
<td>National Cholesterol Education Awareness Month</td>
<td>National Heart, Lung, &amp; Blood Institute</td>
<td><a href="https://cdc.gov/cholesterol">cdc.gov/cholesterol</a></td>
</tr>
<tr>
<td>National Food Safety Education Month</td>
<td>National Restaurant Association Education Foundation</td>
<td><a href="https://foodsafetymonth.com">foodsafetymonth.com</a></td>
</tr>
<tr>
<td>National Ovarian Cancer Awareness Month</td>
<td>National Ovarian Cancer Coalition, Inc.</td>
<td><a href="https://ovariancancerawareness.org">ovariancancerawareness.org</a></td>
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<tr>
<td>National Menopause Awareness Month</td>
<td>North American Menopause Society</td>
<td><a href="https://menopause.org">menopause.org</a></td>
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<tr>
<td>National Preparedness Month</td>
<td>Cosponsored by American Red Cross U.S. Dept. of Homeland Security</td>
<td><a href="https://redcross.org">redcross.org</a> <a href="https://ready.gov">ready.gov</a></td>
</tr>
<tr>
<td>National Sickle Cell Disease Awareness Month</td>
<td>Sickle Cell Disease Association of America, Inc.</td>
<td><a href="https://sicklecelldisease.org">sicklecelldisease.org</a></td>
</tr>
<tr>
<td>National Yoga Month</td>
<td>National Institutes on Health, Office of Research Services</td>
<td><a href="https://ors.od.nih.gov">ors.od.nih.gov</a></td>
</tr>
<tr>
<td>Prostate Health Month and Prostate Cancer Awareness Month</td>
<td>Prostate Cancer Foundation</td>
<td><a href="https://pcf.org">pcf.org</a></td>
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<tr>
<td>Sports Eye Safety Month</td>
<td>Prevent Blindness America</td>
<td><a href="https://preventblindness.org">preventblindness.org</a></td>
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<tr>
<td>Whole Grains Month</td>
<td>The Whole Grains Council</td>
<td><a href="https://wholegrainscouncil.org">wholegrainscouncil.org</a></td>
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</tbody>
</table>
2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

September 5 – 11 (week of Sept. 10)
Suicide Prevention Week
American Association of Suicidology
suicidology.org

September 11
National Day of Service and Remembrance
911day.org
AmeriCorps
nationalservice.gov

September 12 – 18
National Assisted Living Week
National Center for Assisted Living
nalw.org

September 15 (third Wednesday)
Backpack Awareness Day
The American Occupational Therapy Association
aota.org

September 19 – 25 (third week in September)
National Farm Safety and Health Week
National Educational Center for Agricultural Safety
necasag.org

September 21 (same date annually)
International Day of Peace
United Nations
un.org

September 25 (last Saturday)
National Public Lands Day
National Environmental Education Foundation
publiclandsday.org

September 29 (last Wednesday)
National Women’s Health & Fitness Day
Health Information Resource Center
fitnessday.com/women

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2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

OCTOBER CONTINUED >

Alzheimer’s Association Memory Walk
Dates vary depending location. Contact your local Alzheimer’s Association or visit alz.org

American Heart Walk
Dates vary depending on your location. American Heart Association heartwalk.org

Auto Battery Safety Month
Prevent Blindness America preventblindness.org

Eat Together, Eat Better Month
Washington State University nutrition.wsu.edu/ETEB

Children’s Health Month
Office of Children’s Health Protection U.S. Environmental Protection Agency epa.gov/children/childrens-health-month

Domestic Violence Awareness Month
National Coalition Against Domestic Violence (NCADV) ncadv.org

Health Literacy Month
Health Literacy Consulting healthliteracymonth.org

Healthy Babies Month
March of Dimes/Birth Defects Foundation marchofdimes.org

Healthy Lung Month
American Lung Association lung.org

National Breast Cancer Awareness Month
National Breast Cancer Foundation nationalbreastcancer.org

National Bullying Prevention Month
PACER’s National Bullying Prevention Center pacer.org

National Chiropractic Month
American Chiropractic Association acatoday.org

National Crime Prevention Month
National Crime Prevention Council ncpc.org

National Dental Hygiene Month
American Dental Hygienists Association adha.org/ndhm

National Depression and Mental Health Screening Month
American Behavioral Clinics americanbehavioralclinics.com

National Disability Employment Awareness Month
U.S. Dept. of Labor dol.gov/odep

National Family Sexuality Education Month
Planned Parenthood Federation of America plannedparenthood.org

National Liver Awareness Month
American Liver Foundation liverfoundation.org

National Physical Therapy Month
American Physical Therapy Association apta.org

National Spina Bifida Awareness Month
Spina Bifida Association of America spinabifidaassociation.org

National Sudden Infant Death Syndrome (SIDS) Awareness Month
Centers for Disease Control and Prevention cdc.gov/sids

National UNICEF Month: Trick-or-Treat for UNICEF
National Office of the US Fund for UNICEF unicefusa.org/trick-or-treat

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2021 HEALTH & WELLNESS OBSERVANCES CALENDAR

October 1
World Vegetarian Day
North American Vegetarian Society
worldvegetarianday.org

October 1 (annually same date)
International Day of Older Persons
un.org

October 3 – 9 (week including October 9 – Chicago Fire)
National Fire Prevention Week
National Fire Protection Association
nfpa.org

October 3 – 9 (first full week in October)
National Mental Illness Awareness Week
NAMI – National Alliance on Mental Illness
nami.org/miaw

October 4 (first Monday in October)
Child Health Day
U.S. Dept. of Health and Human Services
mchb.hrsa.gov

October 4 (first Monday in October)
World Habitat Day
UN Habitat
new.unhabitat.org

October 10 (same date annually)
World Mental Health Day
World Federation for Mental Health
wfmh.global

October 10 (same date annually)
Put the Brakes on Fatalities Day
American Society of Civil Engineers
asce.org

October 11 – 15 (second full week)
National School Lunch Week
School Nutrition Association
schoolnutrition.org

October 17 (same date annually)
International Day for the Eradication of Poverty
United Nations
un.org

October 17 – 23 (third full week in October)
National Pharmacy Week
American Society of Health-System Pharmacists
ashp.org

October 17 – 23 (third week in October)
National Healthcare Quality Week
National Association for Healthcare Quality
nahq.org

October 17 – 23 (third full week in October)
International Infection Prevention Week
Association for Professionals in Infection Control and Epidemiology, Inc.
apic.org

October 18 – 22 (third week in October)
National Health Education Week
Society for Public Health Education
sophe.org

October 20 (same date annually)
World Osteoporosis Day
International Osteoporosis Foundation
worldosteoporosisd.org

October 23 – 31 (same dates annually)
National Red Ribbon Celebration/National Plant the Promise Week
National Family Partnership
nfp.org

October 23 (fourth Saturday in October)
Make a Difference Day
makeadifferenceday.com

October 24 – 30 (last full week in October)
National Respiratory Care Week
American Association for Respiratory Care
aarc.org

October 29 (same date annually)
World Stroke Day
American Stroke Association
stroke.org

Talk About Your Medicines Month
National Council on Patient Information and Education
talkaboutrx.org

Vegetarian Awareness Month
North American Vegetarian Society
worldvegetarianday.org

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<tr>
<th>Date Range</th>
<th>Event Description</th>
<th>Organization</th>
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<tbody>
<tr>
<td>November 1 - December 31</td>
<td>Tie One On For Safety®</td>
<td>Mothers Against Drunk Driving (MADD)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>madd.org</td>
</tr>
<tr>
<td>November 1 (first Monday in November)</td>
<td>Color the World Orange for CRPS/RSD Awareness</td>
<td>colortheworldorange.com</td>
</tr>
<tr>
<td>November 12 (same date annually)</td>
<td>World Pneumonia Day</td>
<td>stoppneumonia.org</td>
</tr>
<tr>
<td>November 13 (same date annually)</td>
<td>World Kindness Day</td>
<td>randomactsofkindness.org</td>
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<tr>
<td>November 14 (same date annually)</td>
<td>World Diabetes Day</td>
<td>International Diabetes Federation</td>
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<td></td>
<td>world diabetes day.org</td>
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<tr>
<td>November 15 (same date annually)</td>
<td>National Philanthropy Day</td>
<td>Association of Fundraising Professionals</td>
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<td></td>
<td></td>
<td>afpglobal.org/NPDLove</td>
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<tr>
<td>November 15 (same date annually)</td>
<td>America Recycles Day</td>
<td>Keep America Beautiful</td>
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<td>kab.org</td>
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<tr>
<td>November 15 - 19 (week before Thanksgiving)</td>
<td>American Education Week</td>
<td>National Education Association</td>
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<td></td>
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<td>nea.org</td>
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<tr>
<td>November 18 (third Thursday)</td>
<td>Great American Smokeout</td>
<td>American Cancer Society</td>
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<td></td>
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<td>cancer.org</td>
</tr>
<tr>
<td>November 20 (Saturday before U. S. Thanksgiving)</td>
<td>International Survivors of Suicide Day</td>
<td>American Foundation for Suicide Prevention (AFSP)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>afsp.org</td>
</tr>
<tr>
<td>November 25 (always Thanksgiving Day)</td>
<td>National Family Health History Day</td>
<td>Centers for Disease Control and Prevention</td>
</tr>
<tr>
<td></td>
<td></td>
<td>cdc.gov</td>
</tr>
<tr>
<td>Date</td>
<td>Event</td>
<td>Organization</td>
</tr>
<tr>
<td>--------------</td>
<td>------------------------------------------------------------</td>
<td>------------------------------------------------</td>
</tr>
<tr>
<td>December 1</td>
<td>World AIDS Day</td>
<td>HIV.gov</td>
</tr>
<tr>
<td>December 2</td>
<td>International Day for the Abolition of Slavery</td>
<td>United Nations</td>
</tr>
<tr>
<td>December 3</td>
<td>International Day of Persons with Disabilities</td>
<td>United Nations</td>
</tr>
<tr>
<td>December 5</td>
<td>International Volunteer Day</td>
<td>United Nations Volunteers</td>
</tr>
<tr>
<td>December 5–11</td>
<td>National Handwashing Awareness Week</td>
<td>Henry the Hand Foundation</td>
</tr>
<tr>
<td>December 5–11</td>
<td>National Influenza Vaccination Week</td>
<td>CDC.gov/flu</td>
</tr>
<tr>
<td>December 21</td>
<td>National Homeless Persons' Memorial Day</td>
<td>Substance Abuse and Mental Health Services Administration</td>
</tr>
</tbody>
</table>

**Note:** Information is published as a service and NWI may not be held responsible for misprints, changes in dates, or general errors in processing. Please contact NWI with any corrections.

Last updated: Nov. 11, 2020