

Continuing Education Credits available for NWI Programs

For more information about continuing education credits visit NationalWellness.org/CEC

	ACSM	HRCI®	NBHCW	NCHEC Category 1 CECH	NCHEC max advanced-level CECH	NCHEC (max Continuing Competency CECH)	NWI CWP	SHRM
Virtual Workshops								
Real Talk Wellness: Driving Innovation	2		2	2	2		2	2
Certificate Courses								
Health and Wellness Coaching	20 - 80		20 - 80	20 - 80	20 - 80	20 - 80	20 - 80	20 - 80
High-Level Wellness Through Multicultural Competency	10	10*	10	10	10	10	10	10*
Wellness in Clinical Practice	7		7	7	7	7	7	
Worksite Wellness Specialist	10	10	10	10	10	10	10	10
eLearning Courses								
Change Compass Series	1-5	1-5	1-5	1-5	1-5	1-5	1-5	1-5
Healthy Lifestyle Basics	1		1	1		1	1	1
NWI + Healbright	1-5		1-5	1-5			1-5	
Facilitator Certificate								
Financial Wellness	7	7	7				7	7
Resilience & Thriving	5	5	5	5	5	5	5	5
Wellness Webinars								
Live Webinar	1		1	1	1		1	1
On-demand Webinar	1		1	1	1	1	1	1



*HRCI® and SHRM recertification credits for this course are awarded through HR.com

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