

Continuing Education Credits available for NWI Programs

For more information about continuing education credits visit NationalWellness.org/CEC

| | ACSM | HRCI® | NBHWC | NCHEC Category 1 CECH | NCHEC max advanced-level CECH | NCHEC (max Continuing Competency CECH) | NWI CWP | SHRM |
|---|---------|-------|---------|--------------------------|-------------------------------------|--|------------|---------|
| Virtual Workshops | | | | | | | | |
| Real Talk Wellness: Driving Innovation | 2 | | 2 | 2 | 2 | | 2 | 2 |
| UWSP/NWI Virtual Workshop: Mindful Awareness Practices for Daily Living | 3 | | 3 | 3 | 3 | | 3 | 3 |
| Certificate Courses | | | | | | | | |
| Health and Wellness Coaching | 20 - 80 | | 20 - 80 | 20 - 80 | 20 - 80 | 20 - 80 | 20 - 80 | 20 - 80 |
| High-Level Wellness Through Multicultural Competency | 10 | 10* | 10 | 10 | 10 | 10 | 10 | 10* |
| Wellness in Clinical Practice | 7 | | 7 | 7 | 7 | 7 | 7 | |
| Worksite Wellness Specialist | 10 | 10 | 10 | 10 | 10 | 10 | 10 | 10 |
| eLearning Courses | | | | | | | | |
| Change Compass Series | 1-5 | 1-5 | 1-5 | 1-5 | 1-5 | 1-5 | 1-5 | 1-5 |
| Healthy Lifestyle Basics | 1 | | 1 | 1 | | 1 | 1 | 1 |
| NWI + Healbright | 1-5 | | 1-5 | 1-5 | | | 1-5 | |
| Facilitator Certificate | | | | | | | | |
| Financial Wellness | 7 | 7 | 7 | | | | 7 | 7 |
| Resilience & Thriving | 5 | 5 | 5 | 5 | 5 | 5 | 5 | 5 |
| Wellness Webinars | | | | | | | | |
| Live Webinar | 1 | | 1 | 1 | 1 | | 1 | 1 |
| On-demand Webinar | 1 | | 1 | 1 | 1 | 1 | 1 | 1 |



*HRCI® and SHRM recertification credits for this course are awarded through HR.com

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